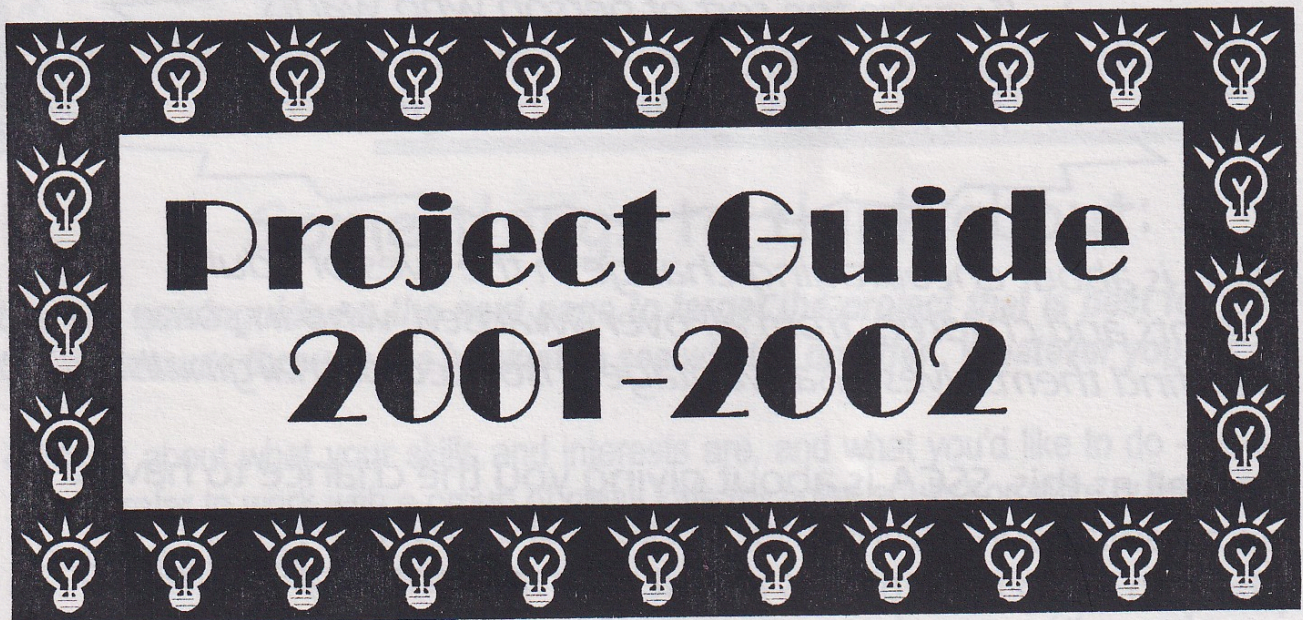


Swansea Student Community Action

Registered Charity number 256146

is proud to present.....



A description of SSCA's projects
for 2001-2002

**Come and see us in Fulton House
or phone 01792 295743
or email info@ssca.org.uk**

GWIRFODDOLWYR Y MILLENIWM



MILLENNIUM VOLUNTEERS

SSCA is a Millennium Volunteers
Delivery Partner for 2001-2002



Swansea Student Community Action

Croeso i Abertawe!

Or, as they say here, "Welcome to Swansea!"

Hopefully, on reading this booklet, you will discover that there are lots of things going on all over Swansea that you might never have found out about in the library or the bar!

If you're the sort of person who wants to change the world, but wants to have fun doing it, then you've come to the right place!

SSCA is about encouraging change in the lives of adults, parents and children, from all over Swansea, who in some way find themselves disadvantaged, isolated or marginalised.

As well as this, SSCA is about giving you the chance to have a go at doing something that's enjoyable, and different. It's a place to learn new things about yourself, and a great way to meet new people and make new friends.

Just a few reasons to volunteer:

- Doing something useful in your spare time
- Experiencing challenging situations
- Developing personal skills like communication, teamwork and leadership
- Enjoying yourself
- Meeting lots of new people
- Making new friends
- Learning new skills
- Making a real difference in people's lives

Project Guide

Getting Involved!

Get involved, you won't regret it!

There's no need to worry about getting involved in SSCA. We are one of the friendliest (and largest) groups in the university and we have a lot to offer, so you should find somewhere to fit in.

But if you don't, please let us know and we'll do our best to help.

Some things to think about:

Use the quick guide on the next page to target the project that is best for you. Or just browse through the booklet to see what is on offer. Whatever you do:

- ◆ **Think** about what your skills and interests are, and what you'd like to do - would you prefer to work with a group of noisy kids (or noisy adults) or more quietly on a one to one basis?
- ◆ Be sure about the amount of **commitment** needed, both in terms of time and energy.
- ◆ Give the project a chance, it may take a while for you to **settle** in. Once you've started, if you feel **unhappy or unsure** about any aspect of the project then please talk to your project co-ordinator, one of the student trustees or staff, and we'll try to sort it out

Once you've decided on the project for you, come into the SSCA office to register. Please bring a passport sized photo with you.

Above all, enjoy yourself.

CYMRAEG?

Mae'r llawlyfr hwn ar gael yn y Gymraeg.

Quick Project Guide

Have a quick look to see the sorts of things you could be doing with SSCA. For more information on any of the projects, see the relevant project's page, or ask someone in the SSCA office.

Projects by Type:

Practical Projects:

| | |
|--------------------------|----|
| Drive | p7 |
| Gardening and Decorating | p8 |
| The Farm | p9 |

Sports Projects:

| | |
|-----------------|-----|
| Sports Tutoring | p23 |
| Connect | p22 |
| Splash! | p15 |

Working with Adults:

| | |
|--------------------------|-----|
| Siarad | p11 |
| Tea Extravaganza | p21 |
| PHAB | p11 |
| BasicS | p10 |
| Gardening and Decorating | p8 |
| LINC | p12 |
| Active18 | p9 |

Working with Teenagers:

| | |
|----------------------|-----|
| Saturday Club | p14 |
| Sketty Youth Project | p18 |
| Dysgu | p13 |
| Hoppits | p19 |
| Kids Away | p16 |
| Sports Tutoring | p23 |
| Community Art | p8 |

Working with Kids:

| | |
|--------------------|-----|
| TNC | p17 |
| Create | p15 |
| \$plash! | p15 |
| Inside Out | p14 |
| Kids Away | p16 |
| Brynmill Kids Club | p17 |
| LINC | p12 |
| Pooh Bear | p12 |
| Kiddiwinks | p18 |
| The Farm | p9 |
| Make A Wish | p19 |
| Gingerbread | p17 |

Mental Health:

| | |
|--------------|-----|
| Karaoke Cefn | p22 |
| Connect | p22 |

Environmental:

| | |
|--------------------------|----|
| The Farm | p9 |
| Gardening and Decorating | p8 |

Asylum Seekers:

| | |
|------|-----|
| STAR | p23 |
|------|-----|

People with Disabilities:

| | |
|------------------|-----|
| Inside Out | p14 |
| Saturday Club | p14 |
| Active18 | p9 |
| Hoppits | p19 |
| PHAB | p11 |
| Friendship House | p10 |

One-off Events:

| | |
|---------------------------|-----|
| Events | p21 |
| Tea Extravaganza | p21 |
| International Women's Day | p21 |
| Make A Wish | p19 |

Student Tutoring:

| | |
|----------------------|-----|
| LINC | p12 |
| Dysgu | p13 |
| Pooh Bear | p12 |
| BasicS | p10 |
| Sketty Youth Project | p18 |

Art/Performing Arts:

| | |
|---------------|-----|
| Create | p15 |
| Community Art | p8 |

Women's Projects

| | |
|---------------------------------|-----|
| Minority Ethnic Women's Network | p20 |
| International Women's Day | p21 |

Training Opportunities:

| | |
|---------------|-----|
| Sign Language | p24 |
| First Aid | p24 |
| Training Team | p25 |

Quick Project Guide

Each project asks for a different level of commitment from you. Please be sure that you are able to give what is asked of you before you commit yourself. If in any doubt, please talk to the project co-ordinator or a member of staff.

This is a quick guide to the commitments of each project, but note that this is not all you need to know: weekly projects, for example, do not always need you to go **every** week. And of course if you can't go on a particular occasion that doesn't matter, but **please tell your Project Co-ordinator if you can't make it.**

Project Frequency

Weekly:

| | |
|---------------------------------|-----|
| Brynmill Kids Club | p17 |
| Inside Out | p14 |
| Create | p15 |
| Splash! | p15 |
| TNC / Gingerbread | p17 |
| Community Art | p8 |
| Kiddiwinks | p18 |
| Sports Tutoring | p23 |
| Dysgu | p13 |
| Pooh Bear | p12 |
| LINC | p12 |
| PHAB | p11 |
| BasicS | p10 |
| Connect | p22 |
| Sign Language | p24 |
| Gardening and Decorating | p8 |
| Sketty Youth Project | p18 |
| Siarad | p11 |
| STAR | p23 |
| Minority Ethnic Women's Network | p20 |

Fortnightly:

| | |
|---------------|-----|
| Saturday Club | p14 |
| Karaoke Cefn | p22 |

Monthly:

| | |
|----------|----|
| The Farm | p9 |
|----------|----|

Occasionally:

| | |
|---------------|-----|
| Drive | p7 |
| Kids Away | p16 |
| Hoppits | p19 |
| Active 18 | p9 |
| Events | p21 |
| Make A Wish | p19 |
| Training Team | p25 |

One-offs:

| | |
|---------------------------|-----|
| International Women's Day | p21 |
| Tea Extravaganza | p21 |

FOR PROJECT DAYS, SEE THE PROJECT TIMETABLE ON PAGE 27 OF THIS GUIDE.

And there's more.....

If you would like to do something that you haven't seen here, come and have a look at our 'Volunteering Opportunities in Swansea' file which has information on over 100 different voluntary projects throughout Swansea.

Or, if you've got an idea for a project that you would like to develop, come into the office to discuss your ideas.



MILLENNIUM VOLUNTEERS
GWIRFODDOLWYR Y MILENIWM

Swansea Student Community Action is a pioneering member of the Millennium Volunteers Programme. The programme aims to:

- Offer challenging and interesting volunteering opportunities for all young people
- Enable young people to acquire new skills and knowledge
- Increase recognition of volunteering by young people in the community
- Set a standard for volunteering in Wales
- Make a positive impact within local communities
- Encourage ownership of projects by young people

SSCA has always been dedicated to these aims and so easily falls into the programme's structure.

By being a Millennium Volunteer you will receive either a certificate or Award of Excellence. Your achievements will be recognised by employers, colleges and the local community and is comparable to the Duke of Edinburgh award, so it might help to get you a job.

All that is required from volunteers is to fill in a form at the beginning of the scheme and then to get volunteering in SSCA.

Have Fun!

**BUILD ON WHAT YOU'RE INTO
GWEITHIO WRTH EICH BODD**

Practical Projects

Drive



- Are you 18 or over ?
- A clean driving licence ?

Good. Read on.....

SSCA has its own minibus and car which provide the transport for most of the projects which you're about to read about.

Alas, buses and cars don't drive themselves
which is why we need you!

You can drive for any, or as many of the projects as you want either weekly, termly or as an emergency driver for any project in need. The time, effort and commitment you put in will be up to you, but will always be rewarded with big smiles from grateful children and Project Co-ordinators, and the occasional song in your honour!

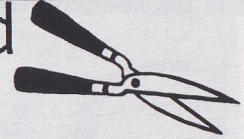
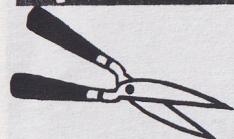
If you are 21 or over and have three years driving experience, you can drive the minibus as well as the car.

Full training in the art of minibus driving is given including practice drives and minibus safety procedures. You will gain the nationally recognised *MIDAS* qualification for minibus driving at no cost to yourself.

So go on: take the plunge, be a big part of the team and become an SSCA driver.

Practical / Older People

Gardening and Decorating

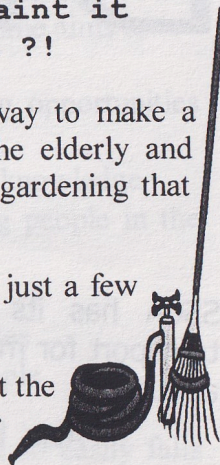


Have you ever seen six people crammed into a 4m x 2.5m bathroom, attempting to paint it without falling in the toilet ?!

The Gardening and Decorating project is a great way to make a practical difference in the community. We help the elderly and disabled people of Swansea with painting work and gardening that they can't manage themselves.

You don't need any special skills to be able to help, just a few spare hours on a Wednesday afternoon!

Your time can make a real difference, and don't forget the perks of the job - a great suntan during the summer months, plus plenty of tea and biscuits!



Art / Kids

Community Art

Community Art works with 11 to 13 year olds in Townhill to produce big displays to brighten up the local area, and to encourage the kids to be proud of and respect their surroundings.

You don't need to be a great artist, just willing to get involved!

So come along to *Community Art* if you want to put your artistic talents to great use and get your work displayed in Swansea!!!

Practical / Environment / Kids

The Farm



Swansea Community Farm needs your help to build fences, lay paths, grow vegetables and construct animal enclosures!

The Farm provides opportunities for children to take part in activity sessions where they learn about environmental issues- you can help run these sessions if you want to. This is important for these children, who are often from deprived areas, as they would usually have little opportunity to learn about the world around them in this way.

The Farm needs volunteers to help develop the farm, so if you like digging, this is the project for you! It's only once a month, and you are welcome to come and join the team whenever you can make a session.

Adults / People with Disabilities

Active 18

Active 18 is a chance to spend some spare time getting out and about to events being run with adults who have disabilities.

Last year we did everything from cheering on the Cardiff Devils (who by the way had the bad manners to lose), dancing the night away in the Pool Sanctuary to baking in the summer sun at the end of term BBQ. With swimming trips and bowling nights as well, it was a term of joyous energy!

And the extra benefit is that we are giving people who perhaps do not have the skills to arrange these events themselves great opportunities to experience new things and meet new people. (That's the twenty or so members of Active 18 I'm talking about, not the students.)

So if you want to give up some of your pub time to come along to exciting events and learn new skills about volunteering in the special needs community, give it a shot. If you don't enjoy yourselves I'll give you your money back.

Adults / People With Disabilities

BasicS

BasicS is an adult education service for people with learning difficulties.

It offers an environment of support and encouragement in basic skills education for its users.

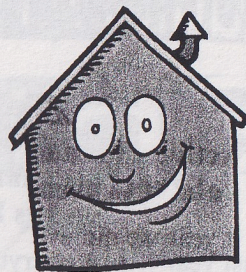
SSCA volunteers are needed to act as tutors, working one-to-one with the students while being continually supported by the paid staff members.

BasicS promotes an environment of support and encouragement that focuses on the abilities of the students and not their disabilities.

The atmosphere at **BasicS** is relaxed and friendly. If you come along you'll enjoy yourself, and make a real impact in helping people to gain basic skills- as well as gain transferable work-based skills for yourself and something to put on your CV.

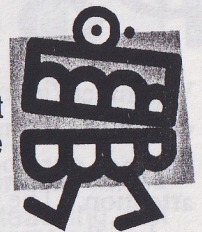
Most importantly you will feel a sense of satisfaction in your work and it will certainly be appreciated.

You will meet a variety of people from different backgrounds and other student volunteers as well as feeling you've done something worthwhile with your time.



Older People

Siarad



'Siarad' means 'chatting', and that's exactly what this project is all about- visiting a local rest home and chatting to the residents about anything and everything!

There's also scope for organising activities for the residents, if you want to.

It's a great chance to meet some 'real' Swansea people, and learn things you never imagined about the area!!!

So, if you're a chatterbox, or if you just enjoy brightening up someone's day, come along for a chat!

Adults / People With Disabilities

Phab



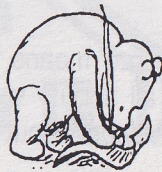
If you enjoy going down the pub, eating out, going bowling or watching films, and would like to enable others at the same time, join Phab.

PHAB is a social group for people with and without physical disabilities. The club enables people to gain a greater understanding of their own and other people's abilities in a relaxed and friendly environment.

It encourages people to appreciate the difficulties disabled people may encounter, and how to deal with these difficulties in an effective way.

Student Tutoring Pooh Bear

Volunteers involved in this project visit primary schools within the Swansea area. The aim is to assist the teacher in the classroom and allow pupils to have extra attention. The volunteers help with reading and writing and maths amongst other activities.



This scheme is not only beneficial to the teachers and children, but the volunteers themselves have found that they have gained confidence, teaching practice and an insight into Swansea.

Even if you are not interested in pursuing a career in teaching, the skills developed from involvement with this project, such as communication skills, can be of great use in future careers, as well as every day life.



LINC

Ever been frustrated by a language barrier?

There are lots of International students here at UWS for whom English is their second (or even third or fourth) language.

LINC is a project which aims to assist these students by matching them up with English speakers for language practice. The assistance you give is entirely up to you. It could be anything from just meeting up for a chat, to a full-on English lesson.

LINC is an excellent way to meet new people, learn about new cultures and maybe improve your own language skills.

If you are studying another language, it might be possible to match you up with a speaker of that language.

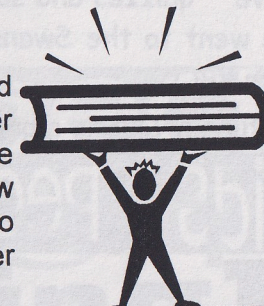
Participation in LINC offers a valuable insight into teaching in general and of teaching English as a foreign language in particular. It is very rewarding to see progress made by people on their grasp of English and the confidence gained as a result.

Student Tutoring DYSGU

Ever thought about what it's like to be on the other side in the classroom? Are you wondering about a career in teaching, but would like some experience to help you decide? Then you should think about *Dysgu* - SSCA's student tutoring project in secondary schools across the city

Whatever subject you're studying here at Swansea, you can be sure that your knowledge, skills and creativity will be put to good use as an assistant in the classroom.

Student tutors don't actually "teach", instead they "assist" teachers in the classroom under their direction and supervision. This could be anything from learning something new alongside pupils, to helping with project work, to possibly even taking part of a lesson (under observation from the teacher, of course).



Student Tutoring is extremely rewarding and enjoyable - it gives you the opportunity to improve your skills and knowledge, gain an insight into teaching, and provide a positive role model to pupils in school.

What's more, you will get a certificate endorsed by the University of Wales, Swansea to acknowledge your achievements.

Teenagers / People With Disabilities Saturday Club



Saturday Club provides opportunities for young people with physical disabilities to socialise in a relaxed and friendly atmosphere.

The idea is that volunteers support the young people and empower them to organise the club's activities themselves.

Saturday Club meets fortnightly on Saturday afternoons, and is based in *Impressions Cyber-Café*, on campus. We chat, play games, have quizzes and surf the net. We also have trips out- last year we went to the Swansea Panto, the Wildfowl trust and had a summer BBQ.

Saturday Club is a great opportunity to really influence the success

Kids / People With Disabilities Inside Out

Inside Out runs weekly activity sessions on campus for children with autism, meeting their families and going out on daytrips with the children and their siblings.

Autism is a condition which seriously affects children's communication abilities. As the children are often very demanding, their siblings can miss out and so this is why we organise special activities for the siblings as well.



This project is an exciting venture with a really strong team spirit, so sign up and be a part of it!

Kids / Performing Arts Create

This is a drama project working with 8- 13 year olds in the Townhill area of Swansea.



We use drama related activities (including music, dance and craft etc) to encourage teamwork and social interaction. We play lots of games and the drama element is very basic - no special skills needed - just enthusiasm and a love for biscuits and drinks!

These sessions are challenging, frantic and a whole bundle of fun. New volunteers are always welcome.

Kids Project Splash!



"Splash!" takes children from the Blaenymaes area of Swansea to the Leisure Centre, for an evening of swimming and socialising and sometimes we take the children bowling or to the cinema. We go every Monday between approximately 5pm - 7.30pm.

The aim is not to teach the children to swim, but to enable them to spend an evening away from their everyday environment. It also allows them to use up some of their energy and develops friendships with the other children and the volunteers.

The swimming pool has a wave machine and a space bowl, which together provide an evening of fun for the children and volunteers alike!

Kids / Teenagers



Kids Away

Kids Away takes challenging kids away on weekends and day-trips, providing them with a much needed break from their everyday environments. This is very important to the children we take, and their families.

On a Kids Away trip, kids (and volunteers) are put into a situation where they are able to make new friends without fear of rejection. Our emphasis is on including everyone during our trips and encouraging children who are often labelled as trouble makers or simply overlooked, to enjoy working together and facing new challenges.

Games, crafts and expeditions are not only for fun, though that is a big part of it. They can also play an important role in the development of young people, in building their self esteem and teaching them to enjoy participation in a positive, safe environment.

Volunteers have to be able to improvise and take the initiative on a weekend, and although the kids are hard work, it's a rewarding experience and a real difference can be made to their lives.

Kids Projects

TNC



Tuesday Night Club works with 8-13 year olds in Bonymaen, which is an area of Swansea, affected by unemployment and high levels of crime. The children have few places to go in the evenings, apart from the streets, and they see few opportunities to improve their life. Working in the local community centre, with the help of local staff, the project tries to provide an alternative for the children to being on the streets at night.

At Tuesday Night Club you get the chance to work and play with the local children. The activities range from pool, table tennis and board games, to organising arts and crafts.

Brynmill Kids Club

Brynmill Kids Club is a project aimed at enabling and encouraging parents to go out to work or seek further training, where child care charges stopped them doing so.

The club serves kids from Brynmill primary school and offers a wide range of exciting, innovative and creatively stimulating events.

The project runs on every school day from 3.15pm - 6.00pm and as a volunteer you choose which day you go.

GINGERBREAD

Provides weekly activities for the children of single parents. Meets on a Friday night at St. Phillips Community Centre, opposite Tesco's - conveniently situated and finished in time to hit the town!

Young People SKETTY YOUTH PROJECT

This is a brand new project which operates near the university, on weekday afternoons. There is a homework club, where secondary school aged children can go to get help with homework, support in their studies, and use computers and the internet. They need people to offer specific subject support, to run the coffee bar, and help generally.

There is also a youth café drop in centre which opens 4 nights a week, and other activities for young people, such as basketball. Football, debates, outdoor activities and an IT Training Centre, all of which always need extra help!

This is a great opportunity to gain experience in working with young people, as most of those who attend are aged 14-17. So if you can spare a couple of hours a week, come along and help others to develop.

Kids Project Kiddiwinks

This is a new project which involves volunteers going into the Student Union nursery.

Your level of involvement depends entirely upon you, and the hours that you spend are flexible, so that both the nursery and yourself gain the most from this experience.

So, if you feel that you have something to offer, or like children and have a few hours or so to spare, make a difference and sign up now!

Teenagers / People With Disabilities Hoppits



The aim of HOPPITS is to enable young people to participate in activities that may not otherwise be open to them. HOPPITS is a group that takes children and young people with a range of disabilities on daytrips, socials and residential weekends away.

Hobbies, the chance to be a kid again.

Opportunity to give parents and Hoppits a break.

Participation of everyone in everything we do.

Parties have been known to happen!!

Integration of Hoppits, and yourself, into the local community.

Trips to wild and wacky places.

Socials, a chance to meet parents and siblings.

Kids Project Make A Wish

Do you want to make a terminally ill child's dream come true?

The Make A Wish foundation grants wishes to children who are terminally ill. These can be anything at all, like meeting famous people, being guest of honour at a sports match, or getting a swing or treehouse for their back garden.

You can help by either negotiating with local groups and companies to ensure wishes come true, or by visiting children to find out what their wishes are. The project is flexible, and so whatever time you can give will be greatly appreciated.

SIGN UP FOR THIS PROJECT THROUGH "EVENTS"

Women's Project

Swansea Minority Ethnic Women's Network

Would you like the opportunity to work in a supportive multi-cultural environment?

Could you work towards empowering women in the local community?

MEWN Swansea, literally translated means 'Within Swansea' and is a forum where black and ethnic minority women all over Wales provide mutual support, sharing expertise and experience in fighting double discrimination based on race and sex. MEWN Swansea encourages the development of initiatives and policies that overcome the barriers caused by such discrimination.

The organisation achieves its aims in different ways: through working in training and childcare, by sharing of information and networking, through helping women to participate in public and community life (including business and enterprise) and by informing and influencing policy makers.

MEWN is looking for female volunteers to provide support (and a laugh!) on day trips for young ethnic minority women during terms times and school holidays. They also need women to help raise their profile through the production of leaflets and posters as well as volunteers who could provide administrative support.

ALL women are welcome, although the ability to converse in Asian or African languages would be particularly useful!



Big Events

Older People / Women's Projects

EVENTS

Do you want to get people jumping out of aeroplanes; or get 200 sheltered housing residents boogying to Elvis; or arrange events for the whole Swansea community to celebrate International Women's Day?

Events involves organising social, promotional and fundraising events for SSCA, e.g. parties, meals, the theatre and tin-rattles.

We also organise the annual *Tea Extravaganza*, a fantastic event for nearly 200 sheltered housing residents from throughout Swansea, full of music, laughter, Bingo, and loads of food!!!!!!

And March 8th is *International Women's Day*, a celebration of women's achievements and cultural diversity.

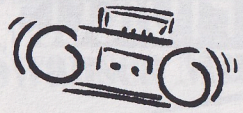
Finally, new for this year *Make a Wish* - see page 19

There's loads of scope to be involved in whichever events interest you, and to put your own ideas into practice.

So, if you want experience in media, advertising, fundraising and promotion and have any ideas, no matter how weird or wonderful, join



Mental Health



Karaoke Cefn

Karaoke Cefn, as its name suggests, revolves around a karaoke night at Cefn Coed Hospital. This is a new project and needs volunteers to enthuse people on wards in the hospital to attend and participate in this regular evening (initially on a fortnightly basis) of lively entertainment!!

You don't even need to be able to sing!! Come along, chat & encourage others to do so !!

Karaoke Cefn provides a great opportunity to gain experience in the statutory sector. Also, in addition to the training offered by SSCA you will be eligible to access more specific training offered by the hospital!

Mental Health / sports

CONNECT

This is a new partnership project with *Connect*, a local skills and craft centre working with people living with mental health difficulties.

We are looking for volunteers to accompany members of *Connect* to Swansea Leisure Centre, enthusing them to access a wide range of sports and activities.

It's a great opportunity to get fit for free!

All activities and travel expenses will be paid for!!

ASYIUM seekers

STAR



Started by students in 1994, *STAR* is a rapidly expanding national network: Swansea being the most recent to develop. *STAR* is independent, innovative & practical with no political or religious affiliations. Each *STAR* group sets up a community initiative or works with an existing local refugee group. In Swansea, we currently work with a number of groups; Swansea Bay Asylum Seekers Support Group, The Welsh Refugee Council & Displaced People in Action.

Over its first year in Swansea, *STAR* set up camp on Fulton House Lawn in order to raise awareness of refugee issues, celebrated National Refugee Week (23rd—29th June) by participating in a 10 mile sponsored walk which culminated in a camp under UNHCR sheeting and contributed to a day trip to the Gower for refugees living all over the South Wales area. The rationale behind this was to enable people to become more familiar with the country that has now (or would soon become) their home, as well as making them feel more welcome here. For this day, we acted as tour guides to Rhossili Bay in the morning, as well as sponsoring a Ghanaian drumming workshop in the afternoon.

Sports Project

Sports Tutoring



Fancy sharing your sports skills with local youngsters?

Fancy obtaining a sports leadership qualification while doing it?

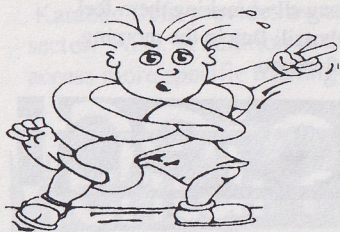
This new project will operate on a weekly basis, alternating each week between girls and boys in order to be accessible to local ethnic minority communities.

Training opportunities

Sign Language

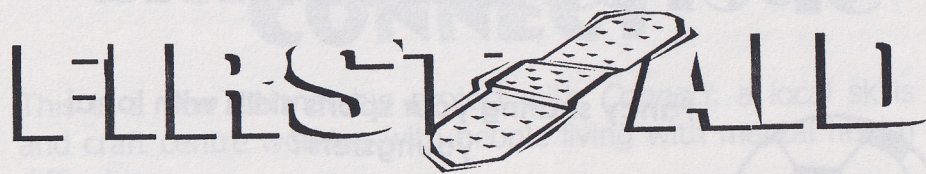
Sign Language is all about learning how to communicate with deaf people, and how they deal with everyday situations which otherwise might be taken for granted. So, once a week we meet to learn Sign Language and generally tie our fingers and arms in knots.

At the end of the course it is possible to take the BSL Stage One exam so that you can gain a professional qualification for your effort. We're also planning to do some work with deaf children and teenagers which you can become involved in once the course has finished.



Commitment has to be high as we get through so much stuff each week. So come along to sign: it's useful for talking across a crowded club or chatting in lectures (if you can't get to sleep). We always have great fun and there's going to be all sorts of associated events, too!

Don't worry, Sign Language won't tie you in knots!



If the options of Panic! or Run Away! are not among those you think would be the best way to tackle an emergency why not join a course in First Aid?

Each year, members of St John's Ambulance run courses, from which you will leave with a St Johns Ambulance Basic First Aid Certificate.

You will have the opportunity to learn how to deal with difficult situations through theory and practice.

Training opportunities

Training Team

SSCA's Training Team provides training skills to volunteers, and an ongoing base of trainers for SSCA.

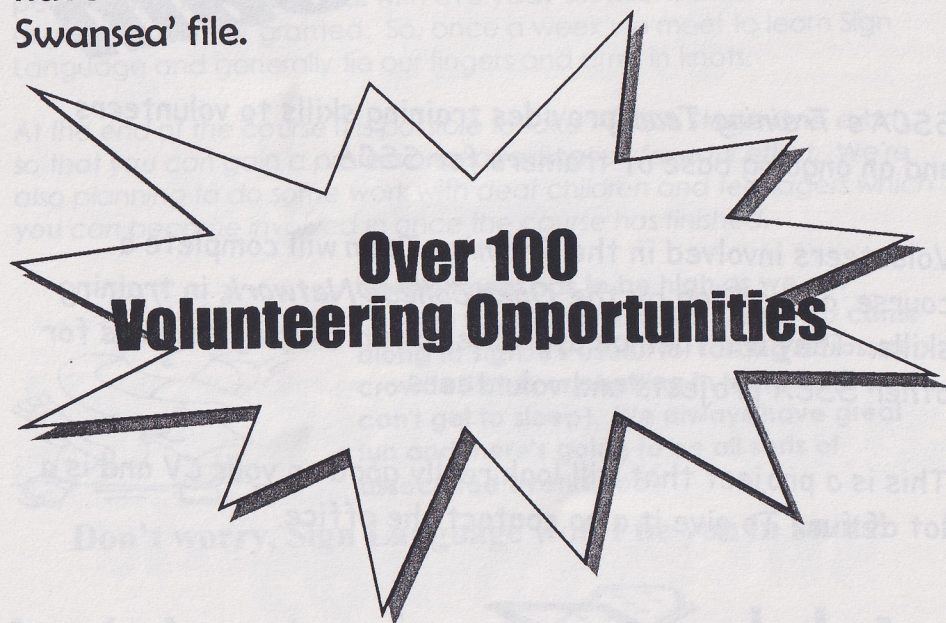
Volunteers involved in the Training Team will complete a course, accredited by the Open College Network, in training skills. They will then be available to run training sessions for other SSCA projects and volunteers

This is a project that will look really good on your CV and is a lot of fun. To give it a go contact the office.



External Projects

If you would like to do something that you haven't seen in this booklet, then come to the SSCA office and have a look at our 'Volunteering Opportunities in Swansea' file.



It has information on over 100 different voluntary projects throughout Swansea, covering just about every kind of volunteering you could think of!

And you can still benefit from support from SSCA, including our training and social events, and having your volunteering recognised by Millennium Volunteers

Projects Timetable

| DAY | PROJECT | EVERY... | TIME |
|-----------|--------------------------|------------|-----------------------|
| MONDAY | Splash! | Week | 5.00-7.30pm |
| | Phab | Week | 7.00-9.00pm |
| TUESDAY | TNC | Week | 5.30-8.30pm |
| | BasicS | Week | 6.00-8.00pm |
| WEDNESDAY | Gardening and Decorating | Week | 1.30-4.30pm |
| | Create | Week | 5.30-7.00pm |
| FRIDAY | GINGERBREAD | WEEK | EARLY EVENING |
| SATURDAY | Saturday Club | Fortnight | 2.00-4.30pm |
| | Community Art | Week | 9.30-12.00 |
| | The Farm | Month | 10am-1.00pm |
| SUNDAY | Inside Out | Week | Afternoon |
| WEEKENDS | Kids Away | Occasional | Weekends and daytrips |
| | Hoppits | Occasional | Weekends and daytrips |
| | Active18 | Occasional | Day trips |

For all other projects you will have to arrange project times with your Project Co-ordinator

And Finally

When you have decided how you would like to be involved with SSCA, just come to the office to register as a volunteer and find out what happens next! Please bring a passport sized photo with you.
You must be a registered member before you start volunteering.

There is no need to worry about getting involved in SSCA. We are one of the friendliest (and largest) groups in the University and have lots to offer, so there is always somewhere where you will fit in. But if you have any problems speak to one of the trustees or staff and we will do our best to sort it out.

If you sign up to a project and then decide to leave you must tell your project co-ordinator.

You should never be out of pocket due to working with SSCA so remember to claim your expenses.

And above all

Enjoy Yourself

It is never too late to get involved in SSCA. If you have any queries or questions about anything come and speak to us at the office in Fulton House at any time.

Everybody is welcome.

SSCA Project Guide
2001-2002

